

Melville Heights Activity Sheet

April's Flower - Daisy!

Monday April 22nd to Sunday April 28th 2024

Monday April 22nd, 2024

10:00am - Exercises



11:00am – Join Rev. **Kevin Little from Bethany United Church for Service in** our Chapel. All Welcome.



******* 1:30pm – Bridge / Games Room.

1:30pm – EARTH DAY WALK... Join Lori as we walk to Herring



Cove Road & help pick up

trash!!

7:00pm – Catholic **ROSARY** with Denise Parrott from Stella Maris Parish/ Chapel.



Tuesday April 23rd, 2024

10:00am –Exercises



Massage Therapist / Heike LeBlanc will be in the CMASSAGE Art Room Today from 11am – 4pm.

11:00am – NEWS & VIEWS in the Ballroom





1:00pm – SKIP **BO** in the Cafe.

> 2:00pm – Outing to the **Shoe store / Comfort**

Orthotics in Sunnyside Mall. Please sign up!



7:00pm – CRIBBAGE /

Wednesday April 24th,2024

10:00am – Exercises

11:00am - Con Brio Recorders / Morning of MUSIC in the Ballroom.

11:00am – Shopping at Halifax Shopping Centre or Walmart.

1:00 pm & 1:20pm -**Shopping at Sobeys / Herring Cove Road & NSLC.**

2:30pm - 1st Trip to the

Public Gardens & a stop at Dee Dee's for an ice-cream treat. Please Sign up!

Thursday April 25th, 2024

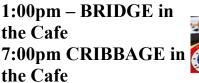
10:00am – Exercises



11:00am - KNITTING **CLUB** in the Ballroom. 3:00pm - 4:00pm -

Residents

Birthday Party in the Ballroom. Music by Diane & Ron Arsenault Bar Open!





Friday April 26th, 2024

WEAR Red Friday / Wear Red on Fridays in Honour of those who have served, those who RDW have fallen & those who

continue to serve.

10:00am – Exercises

10:20am – Please Students from John W Macleod

for Songs & Dance in the Ballroom.

1:00pm – SKIP BO in the Cafe

3:00 pm - 4:00 pmMUSIC by Filipino Born Leander Mendoza in the Ballroom. Bar Open!

7:00pm – MOVIE / Media Room.

Saturday April 27th, 2024

1:00pm – Auction 45's in the Cafe.

1:30pm – Bridge / Games Room

7:00pm - MOVIE / Media Room.

<u>Sunday April 28th, 2024</u>



10:30am – COMMUNION in the Chapel. All Welcome!

7:00pm – MOVIE / Media Room