



Melville Heights Activity Sheet

February's Flower – Violet!

Monday Feb. 12th - Sunday Feb. 18th 2024

Monday February 12th 2024

10:00am – Exercises



11:00am – Bethany United Church Video from Feb. 11th will be played in the Media Room today.

1:30pm – Bridge / Games Room.

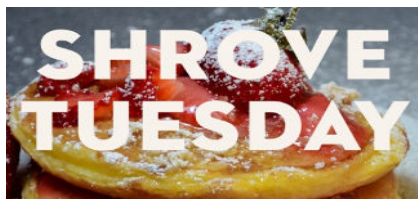


2pm – CINEPLEX MOVIE 2023 “Color Purple” in the Media Room. Popcorn & Soda will be served.



7:00pm – Catholic ROSARY with Denise Parrott from Stella

Tuesday February 13th, 2024



10:00am – Exercises

11:00am – NEWS & VIEWS in the Ballroom with Lori.



1:00pm – SKIP BO in the Cafe.



3pm - Storytelling with our own Terry Harnish in the Cafe. Sweet Heart Story Swap!

7:00pm – CRIBBAGE / Cafe.



Wednesday February 14th, 2024

10:00am – Exercises

11:00 am – Mass & Distribution of ASHES with Father Rob in the Chapel. All Welcome!

11:00am – Shopping at Halifax Shopping Centre or Walmart.

1:00 pm & 1:20pm -Shopping at Sobey's / Herring Cove Road & NSLC.



3:00pm – 4:00pm Music (Love Songs & more) in the Ballroom with Leander Mendoza. Hope you are able to join us for some Valentines Treats!

Thursday February 15th, 2024

10:00am – Exercises

11:00am – KNITTING CLUB in the Ballroom.



1:00pm – BRIDGE in the Cafe



3:00pm – DID you Know? program with Lori in the Ballroom.

7:00pm CRIBBAGE in the Cafe

Friday February 16th, 2024



Red Friday / Wear Red on Fridays in Honour of those who have served, those who have fallen & those who continue to serve.

10:00am – Exercises

10:30am – BOOK CLUB



meeting in the Cafe.

1:00pm – SKIP BO in the Cafe



3:00pm –

4:00pm – Dancing with the Scottish Thistle Dancers / Performing Group in the Ballroom.

7:00pm – MOVIE / Media Room.

Saturday February 17th, 2024

1:00pm – Auction 45's in the Cafe.

1:30pm – Bridge / Games Room

7:00pm – MOVIE / Media Room.

Sunday February 18th, 2024

10:30am – COMMUNION in the Chapel. All Welcome!

7:00pm – MOVIE / Media Room.

